2025 NJISRA Conference Compositions (as of 7 Jan 2025)

	Conference A	#	L/S/P	Conference B	#	L/S/P	Conference C	#	L/S/P	Conference D			
	West Milford			Delbarton			Dwight Engelwood			Bernards			
	Boys	6		Boys	17		Boys	7		Boys	5		
	Girls	6		NA			Girls	12		Girls	10		
	Don Bosco			Mo Beard			Ridgewood			Blair			
	Boys	23		Boys	15		Boys	14		Boys	10		
	NA			Girls	9		Girls	16		Girls	9		
	High Point			Livingston			Jefferson			Ridge			
	Boys	8		Boys	9		Boys	6		Boys	17		
	Girls	4		Girls	7		Girls	2		Girls	17		
	Pingry			Sparta			Ramapo			Newton			
	Boys	14		Boys	10		Boys	3		Boys	11		
	Girls	6		Girls	10		Girls	5		Girls	11		
	Vernon			Wayne Hills			IHA			Wayne Valley	*****		
	Boys	8		Boys	13		NA			Boys	6		
	Girls	9		Girls	10		Girls	7		Girls	11		
	Passaic Tech			Bergen Catholic			Mt Lakes						
	Boys	8		Boys	8		Boys	8					
	Girls	10		NA			Girls	4					
	Pope John			NVD			Tenafly						
	Boys	9		Boys	5		Boys	20					
	Girls	6		Girls	4		Girls	13					
							West Morris		****	Wayne Valley races with D			
							Boys	1		trains hybrid schedule			
							Mahwah						
							Boys	1					
													Total Racers
		117			117			119			107		460
V		75			69			68			59		
Sub		42			48			51			50		

				Approx 45 x-men									
				Approx 144 JV									
				33 #7's									
				West			**East**						
							West Milford	12					
		12	11	Ridge	12		Don Bosco	6					
				Morristown-Beard	12		Tenafly	**12**					
				Pingry	11		Pope John	12					
				Bernards	10		Vernon	12					
				Wayne Hills	12		IHA	6					
				Newton	12		Ramapo	8					
				Mountain Lakes	10		High Point	10					
				Blair	12		Ridgewood	12					
				Wayne Valley	12		Bergen Catholic	6					
				Livingston	12		Jefferson	8					
				Passaic Tech	12		Sparta	12					
				Delbarton	6		Dwight Engelwood	12					
							Demarest	8					
							Mahwah	1					
							Morris Knolls	1					
				East/West teams not set in stone at this point****									